



ADVANCED CERTIFICATE IN PRINCIPLES OF NUTRITION AND DIET (AdvCert. Principles of Nutrition and Diet)

GENERAL SIR JOHN KOTELAWALA DEFENCE UNIVERSITY

Department of Preclinical Sciences – Biochemistry
Faculty of Medicine



Obtain a qualification from an internationally
recognized leading University in Sri Lanka

SLQF2/
NVQ 4

For those who;

- ✓ are interested in pursuing future studies in nutrition
- ✓ wish to seek career opportunities in nutrition or nutrition-related discipline
- ✓ wish to supplement their existing knowledge in nutrition/nutritional chemistry
- ✓ are in health care professions (nurses, nursing home caregivers, and physiotherapists).
- ✓ are currently employed in food-related industries
- ✓ are in tri-forces and police, involved in health and nutrition-related services

CONTENT

Module 1 – Basic Nutritional Biochemistry
Module 2 – Basic Principles of Nutrition
Module 3 – Nutrition in Different Conditions
Module 4 – Special Topic in Nutrition



Duration: 4 months
(Saturday - 9:00am to 12:00noon)



SLQF Level: 2/ NVQ Levels 4



Teaching Language: English



**Minimum Entry Requirement: 3 passes in
GCE A/L**



**Mode of Delivery: Lectures –Online &
Practicals - Physical**



Commencement: August 2025



**Course Fee: LKR 50,000.00 (Payable in two
installments)**

PROGRAM COORDINATOR

APPLICATION CLOSING DATE

20th July 2025

FOR MORE DETAILS
<https://kdu.ac.lk>

Dr. Tehani Silva
Department of Preclinical Sciences – Biochemistry,
Faculty of Medicine
acndbiochem@kdu.ac.lk
+94 774474955